

Prescribed Medication on Discharge - General Information

Author: Pharmacy Department



**James Paget
University Hospitals**
NHS Foundation Trust

Medicine Precautions

- NEVER share your medication
- NEVER take medication from an unlabelled container
- NEVER transfer medications between containers
- Keep medication out of sight and reach from children
- Be aware the medication supplied by your local pharmacy may look different from those supplied our hospital pharmacy
- CAUTION when using paraffin-based skin emollient products. DO NOT smoke or encounter naked flames as emollient-soaked fabric is a potential fire hazard
- CAUTION when taking a medication that causes drowsiness, DO NOT drive, use tools or machinery. It is an offence to drive while under the influence of drugs. Further information can be found at: <https://www.gov.uk/drug-driving-law>
- Take unwanted medicines to your local community pharmacy for safe disposal and NEVER dispose of your unwanted medicines down the toilet

Obtaining Further Supplies of Medicines

When leaving hospital, you will be supplied with a minimum of 14 days of newly started or changed medicines to take home. If you already have a supply of your regular medicines at home, these may not be supplied.

Your GP surgery will review and update your medication records following any changes made to your medicines whilst in hospital. This usually happens within one-to-two weeks following discharge from hospital.

Before ordering medications, please check what you already have at home and only order the medications that you need.

Your Discharge Summary

Contains important information relating to your stay in hospital, including a list of your current medicines and details of any changes made to your medicines. See 'Changes to Medication' section.

Administering Medicines

Follow the directions on your prescribed medications carefully. Once you leave hospital, if you have any concerns, your GP and community pharmacy will be able to advise and support you.

If changes were made to your medicines while you were in hospital, you may be eligible for the New Medicines Service (NMS) or Discharge Medicines Service (DMS) at your community Pharmacy. These are free services offered by the NHS to educate you on the medications you are taking and follow-up with any issues you may be experiencing.

For patients who are concerned with managing their medication, please speak with your community pharmacy about receiving medicine support.

How Should You Store Medication

Store medication out of reach and sight of children, in a dry place, out of direct sunlight and avoid humid/warm conditions. Be aware that some medications require refrigeration. Storage information may appear on the label or packaging of your medications so please read carefully.

Useful Contact Information

James Paget University Hospital: 01493 452452 (open 24 hours a day, 7 days a week).

James Paget University Hospital Pharmacy: 01493 452387 (open 9:00am – 5:00pm, 7 days a week, including public holidays).

NHS 111 & NHS Choices

Call 111 when you need medical help, but it is not an emergency. NHS 111 is available 24 hours a day, 365 days a year.

NHS Choices (www.nhs.uk) provides information and guidance on all aspects of health and healthcare, to help you make decisions about your health.

Your Feedback

We want your visit to be as comfortable as possible - talk to the person in charge if you have any concerns. If the ward/department staff are unable to resolve it, then ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care.

Before leaving please complete a Friends and Family Test feedback card.

Help us transform NHS services and to support patient choice.

OUR VALUES

Collaboration

We work positively with others to achieve shared aims

Accountability

We act with professionalism and integrity, delivering what we commit to, embedding learning when things do not go to plan

Respect

We are anti-discriminatory, treating people fairly and creating a sense of belonging and pride

Empowerment

We speak out when things don't feel right, we are innovative and make changes to support continuous improvement

Support

We are compassionate, listen attentively and are kind to ourselves and each other



The hospital can arrange for an interpreter or person to sign to assist you in communicating effectively with staff during your stay. Please let us know.

**For a large print version of this leaflet, contact PALS
01493 453240**