Lipofilling

Patient Information
What is Lipofilling?
Lipofilling is a surgical procedure used to fill in dents or correct defects in the breast, or to increase lost breast volume.

How is it done?
Lipofilling is performed in theatre under general anaesthetic. It involves taking fat from one part of the body, normally the abdomen, and then after centrifuge (a machine that separates the fat) carefully injecting fat cells back into the breast. Further sessions may be needed to achieve the desired result.

Hospital stay
Lipofilling is normally performed as a day case.

What are the risks and complications?
Side effects are minor but lipofilling like all surgical procedures does carry risks:

- Bruising may be noticeable around puncture sites for several weeks.
- Swelling may take several weeks to settle and see achieved result, as some shrinkage of fat will occur. Repeat lipofilling may be needed.
- Numbness or increased sensitivity of the wounds can occur for several weeks following the procedure.
- Infection and bleeding is unusual, but antibiotics given if needed.
- Painkillers may be needed for a few days.
**Recovery**

You are advised to rest for the first 48 hours.

You can resume normal activities after a few days.

You will have a waterproof dressing over the wound sites, which are to be left in place for one week.

You are advised to wear support underwear to help with bruising and discomfort of the abdomen.

**Contact**

Breast Care Service

01493 452447 (answerphone available)

9am - 4.30pm Monday to Friday
Our Values
Our Behaviours

James Paget University Hospitals NHS Foundation Trust

Courtesy and respect
- A welcoming and positive attitude
- Polite, friendly and interested in people
- Value and respect people as individuals
So people feel welcome

Responsive communication
- Listen to people & answer their questions
- Keep people clearly informed
- Involve people
So people feel in control

Attentively kind and helpful
- Look out for dignity, privacy & humanity
- Attentive, responsive & take time to help
- Visible presence of staff to provide care
So people feel cared for

Effective and professional
- Safe, knowledgeable and reassuring
- Effective care / services from joined up teams
- Organised and timely, looking to improve
So people feel safe

The hospital is able to arrange for an interpreter to assist you in communicating effectively with staff during your stay through INTRAN.
If you need an interpreter or a person to sign, please let us know.

If you require a large print version of this booklet, please contact PALS on 01493 453240

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