

# Gastroscopy Aftercare

Following your gastroscopy:

- You may eat and drink as normal
- You may have a sore throat for 24 – 48 hours
- Report to your GP or A&E if you develop persistent or worsening pain in the neck, chest or abdomen
- Advice can be obtained from the endoscopy unit on – 01493 452370 Monday to Friday 08.00 to 18.00
- In an emergency outside of these hours contact the A&E department on 01493 452559
- You have had throat spray Yes  No
- You can eat and drink from  
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- You have had sedation Yes  No

## If you have had sedation:

- Go home and rest for today.
- Do have someone at home with you overnight.
- Do not drive your car or operate any machinery for 24 hours.
- Do not sign any legal documentation for 24 hours.
- Do not drink alcohol for 24 hours.

## For your information:

Copy of endoscopy report received Yes  No

Patient information leaflet for condition:

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### Follow up:

Return to GP

Clinic appointment

Further test (e.g. x ray, endoscopy): .....

Other (e.g. refer dietician): .....

Histology taken: Yes  No

**Results will be available from:** GP  Consultant

Helicobacter test taken: Yes  No

**Results will be available from:** GP

Any other questions raised.....

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