

# Patient Passport for Hip or Knee Surgery

Please bring to all appointments and on admission for  
your surgery

<b>Affix Patient Label Here</b>
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<b>Date of admission</b>	
<b>Expected Date of Discharge</b> (this can be sooner than expected)	Length of stay between 0 and 3 days

<b>Appointment</b>	<b>Date and Time</b>	<b>Signature of Attendance</b>
Joint School		
Therapies Assessment		
Pre-operative Assessment Clinic		
<b>By signing here I agree to follow this plan of care:</b>		

# Preparing for your surgery

Please complete this one week before your surgery.

**Not completing these prior to your admission could lead to your surgery and/or discharge being delayed.**

**Please tick or fill in as appropriate:**

Have you received and read your Joint School Booklet?	
Have you followed your Octenisan wash regime before your admission?	
Is your equipment in place? Has it been delivered to your discharge address? <b>If this has not occurred or has changed then please call 01493 453849</b>	
Have you purchased a helping hand and a long handled shoe horn? <b>Remember to pack this for your use in hospital.</b>	
Have you removed rugs and mats from inside your home?	
Do you have suitable slippers or footwear with full backs? (not flip flop or mule types)	
Have you packed suitable loose clothing for a few days?	
Have you planned to stock your freezer/ fridge?	
Are you a Carer? What arrangements have been made whilst you recover from your surgery?	

<p>Who will support you on discharge?          If you think you might need care support or respite following surgery, have you arranged this? The hospital may not be able to facilitate this for you.</p>	
<p>Who will bring you into hospital and take you home?</p>	

<h2 style="text-align: center; margin: 0;">Planning to go home after your surgery</h2>		
<p style="text-align: center; margin: 0;"><b>Activity</b></p>	<p style="text-align: center; margin: 0;"><b>Tick</b></p>	<p style="text-align: center; margin: 0;"><b>Date of Assessment and signature</b></p>
<p>Have you walked with the physiotherapist and progressed to a suitable walking aid?</p>		
<p>For knee replacements only: Have you achieved a sufficient knee bend and active knee straightening?</p>		
<p>Do you understand and are able to complete your leg exercises and have agreed to undertake these at home?</p>		
<p>Are you able to get on and off the toilet independently?</p>		
<p>Are you able to get in and out of the bed independently?</p>		
<p>Can you go up and down a step and/or stairs?</p>		

## Useful Telephone Numbers

Pre-Operative Assessment Clinic	01493 453289
Elective Booking Office (Admissions)	01493 453176
Ward 22	01493 452331
Charnwood Suite	01493 453900
Orthopaedics Outpatient Clinic	01493 452603
Orthopaedic Therapy Clinic	01493 453849
Hospital Switchboard	01493 452452

### Feedback

We want your visit to be as comfortable as possible. Please talk to the person in charge if you have any concerns. If the ward/department staff are unable to resolve your concern, please ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care. **Before you leave the hospital you will be asked to complete a Friends and Family Test feedback card.** Providing your feedback is vital in helping to transform NHS services and to support patient choice.

**TRUST VALUES: We CARE for...**  
*our patients... each other... ourselves*

#### BEHAVIOURS:

**Courtesy and respect**

**Attentively kind and helpful**

**Responsive communication**

**Effective and professional**

**#Proud  
of the  
Paget**



The hospital can arrange for an interpreter or person to sign to assist you in communicating effectively with staff during your stay. Please let us know.

**For a large print version  
of this leaflet, contact  
PALS 01493 453240**

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