

## Hearing Aid Fitting Appointment

### Introduction

You have been advised at your previous appointment that you may benefit from wearing a hearing aid. This appointment may last up to an hour and is for your hearing aid to be set up individually for your hearing loss.

**Please make sure your ears are free from wax.**

### What will happen during the appointment?

The audiologist will make sure than the individual ear piece that was made for you fits comfortably in your ear and that once the hearing aid is connected to the ear piece it fits neatly behind your ear. The hearing aid(s) will then be set up for your individual hearing loss using Real Ear Measurements (REMs) after examination of your ear.

### Real Ear Measurements

REMs is a simple test used to set up the hearing aid(s) to your hearing loss, taking the size and shape of your ear(s) into account. All you have to do is face a speaker and stay still and quiet during the test. The audiologist will place a head set over your ears and place a thin tube into your ear canal. The audiologist will then play a number of sounds through the speaker and will make adjustments to the hearing aid(s). Once the audiologist is happy that the hearing aid is set up correctly the thin tube and head set will be removed and the information will be saved onto the hearing aid(s).

If your ears are not suitable for this method they will be set up in a machine instead.

The audiologist will then discuss how the hearing aid works, what to expect from the hearing aid and about getting used to the new sound. You will also be asked about the situations you have difficulty hearing in so that the audiologist can modify the hearing aid to give you the maximum benefit in those specific situations.

The audiologist will then show you how to put the hearing aid in and how to remove it from your ear and will practice this with you. **If a carer or family member will be doing this for you or helping you with the hearing aid please make sure they come with you to the appointment.**

### What happens next?

At your hearing aid fitting appointment you will be given a review appointment. This appointment may take up to 30 minutes and is generally 4 - 6 weeks after your hearing aid fitting appointment. The review appointment is to see how you have been getting on with the hearing aid(s) and to discuss any difficulties you may have been having. If you have decided you do not want to use a hearing aid please return it at your review appointment.