

Freedom of Information Request – 4122

This request relates to local NHS service pressures associated with obesity and obesity-related illness. We are seeking comparable data across NHS Trusts on both access/waiting times and hospital demand. Please provide the following information for your Trust, covering the last five financial years (2019/20 - 2024/25)

1. Waiting Times and Access Indicators (Local Service Strain)

For each year listed above, please provide:

a. Referral-to-Treatment (RTT) elective waiting-time indicators, if held:

- Median RTT waiting time (in weeks)
- Number of patients waiting over 18 weeks (at year-end)
- Number of patients waiting over 52 weeks (at year-end)

Snapshot Date	Median RTT (weeks)	Count >18 Weeks	Count >52 Weeks	Total Patients
2020-21	14	6736	1559	17101
2021-22	14	7378	993	19843
2022-23	18	14474	2231	30259
2023-24	21	18321	3696	33451
2024-25	17	16556	2733	35849

b. The median waiting time for outpatient appointments in the following specialities:

- Endocrinology / Diabetes
- Cardiology
- Orthopaedics

Snapshot Date	110 - Trauma and Orthopaedics Service	302 - Endocrinology Service	307 - Diabetes Service	320 - Cardiology Service
2020-21	3	6	1.5	7
2021-22	12	9	5	8
2022-23	16	13	7	17
2023-24	17	10	3	19
2024-25	8	7.5	4	20

2. Obesity-Related Hospital Admissions and Demand

For each year listed above, please provide:

a. The total number of inpatient admissions where obesity was recorded as:

- A primary diagnosis (ICD-10 code E66), and/or
- A secondary diagnosis

Financial Year	Admissions with Obesity as Primary diagnosis (E66)	Admissions with Obesity as Secondary diagnosis (E66)	Total Admissions (in scope)
2019-20	9	479	488
2020-21	2	292	294
2021-22	5	459	464
2022-23	10	404	414
2023-24	6	423	429
2024-25	5	631	636

b. The total number of admissions for the following obesity-related conditions (where obesity is a major risk factor), if available:

- Type 2 diabetes (E11)
- Coronary heart disease / myocardial infarction (I20–I25)
- Stroke (I60–I69)

Financial Year	Admissions with Type 2 diabetes (E11)	Admissions with CHD/MI (I20–I25)	Admissions with Stroke (I60–I69)	E11 with obesity coded (E66)	I20-I25 with obesity coded (E66)	I60-I69 with obesity coded (E66)
2019-20	9921	7693	1904	61	8	4
2020-21	8418	6025	1894	24	7	0
2021-22	10486	7548	2420	24	11	7
2022-23	9533	6774	2324	40	23	3
2023-24	9804	6925	2637	35	11	1
2024-25	10354	7054	2542	51	25	6

The stroke codes I60-I64 specifically represent confirmed stroke events.

Codes I65-I69 relate to vascular disorders that are recognised precursors or related conditions but are not coded as strokes themselves.

c. If held, the total number of admissions specifically linked to bariatric surgery or specialist weight-management intervention.

We are unable to provide a reliable count for this measure because our clinical coding does not include codes that specify what type of surgery was performed or the reason it was carried out. Although we hold codes that identify complications of surgery, these do not tell us whether the original procedure was bariatric or related to specialist weight-management intervention.