

Red Flags: Information about Change in Symptoms

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If you notice a sudden and worsening change in your pelvic symptoms, or start to experience new symptoms from the list below, please contact your GP practice to discuss whether further investigation is indicated:

Vaginal
Vaginal bleeding: post-menopause; or different from your usual menstrual cycle
Change in vaginal discharge: colour, odour, quantity or causing itching
Bladder
Blood in your urine
Sudden increase in urinary frequency/urgency
Pain on urination
Bowels
Blood in your stools/when you wipe
Recent, persistent change in bowel habit: stool consistency, frequency, leakage
Other
Unexplained weight loss
Unexplained night sweats
Generally feeling unwell/malaise
Unexplained abdominal bloating, pain or swelling
Feeling full quicker than normal when eating
Pain that wakes you, or keeps you awake at night

Please also refer to separate Cauda Equina Syndrome card

Feedback

We want your visit to be as comfortable as possible. Please talk to the person in charge if you have any concerns. If the ward/department staff are unable to resolve your concern, please ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care. **Before you leave the hospital you will be asked to complete a Friends and Family Test feedback card.** Providing your feedback is vital in helping to transform NHS services and to support patient choice.

TRUST VALUES: We CARE for...
our patients... each other... ourselves

BEHAVIOURS:

Courtesy and respect

Attentively kind and helpful

Responsive communication

Effective and professional

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The hospital can arrange for an interpreter or person to sign to assist you in communicating effectively with staff during your stay. Please let us know.

**For a large print version
of this leaflet, contact
PALS 01493 453240**