

Patient Information

Information on phasing

This leaflet is designed to give you more information about phasing and why it is necessary.

What is phasing?

The pressure within the eye can fluctuate throughout the day and tends to be higher in the morning and usually reduces through the day. You will be asked to attend your appointment early in the morning so that the results can be as accurate as possible. Your appointment will require you to have your pressure checked every two hours and this will continue over approximately an eight hour period.

What is the reason for me being asked to attend for phasing?

It is possible that the doctor responsible for your treatment suspects you either have glaucoma or ocular hypertension (raised pressure within the eye) or you may have already been diagnosed with glaucoma. Phasing allows us to obtain a true picture of how your pressures behave through the day. It is important on the day that you use your eye drops as normal. If you do not, any results will be unreliable and we will be unable to continue with phasing, and you will have to be re-appointed on another day.

You are welcome to wait in the waiting room in between measurements and if you wish to you can have a walk around the hospital or in the grounds as long as you are back in the Waveney Suite ready for the time of your next pressure check. If you are being dropped off by a relative or friend, they will be told what time to collect you or they may like to wait with you.

Things to bring on the day

Please bring your spectacles, eye drops and any medication you may need while you are with us.

It is a good idea to bring any reading material, or anything else that you may need to help you pass the time. We have two restaurants within the hospital or if you prefer, you can bring your own refreshments with you.

When will I be told the results?

After phasing has been completed an appointment will be sent to you in the post to attend the eye outpatients' department and the doctor responsible for your care will discuss the results with you.

If you have any questions about the information or about your phasing appointment, please contact the Waveney Suite on 01493 452379 and ask to speak to the one of the Nurse Specialists.

Your Feedback

We want your visit to be as comfortable as possible - talk to the person in charge if you have any concerns. If the ward/department staff are unable to resolve it, then ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care.

Before leaving please complete a Friends and Family Test feedback card.

Help us transform NHS services and to support patient choice.

OUR VALUES

Collaboration

We work positively with others to achieve shared aims

Accountability

We act with professionalism and integrity, delivering what we commit to, embedding learning when things do not go to plan

Respect

We are anti-discriminatory, treating people fairly and creating a sense of belonging and pride

Empowerment

We speak out when things don't feel right, we are innovative and make changes to support continuous improvement

Support

We are compassionate, listen attentively and are kind to ourselves and each other



The hospital can arrange for an interpreter or person to sign to assist you in communicating effectively with staff during your stay. Please let us know.

For a large print version of this leaflet, contact PALS 01493 453240