## BREAKFAST CLUBS AT KITCHENER'S



**Breakfast, brew & banter!** 

AFVBC Lowestoft meets on the 2nd & 4th Saturday of the month.

Blue light personnel are welcome to join in our breakfast club on the second Saturday.

We meet at IO.15am for IO.30am start by booking only. If you haven't booked, we cannot guarantee you a breakfast due to seating capacity.

To book, search on Facebook: 'Lowestoft Armed Forces & Veterans Breakfast Club' or 'Lowestoft Blue Light Breakfast Club' or call 01502 573564.

The discounted price of only £7.50 for club breakfast includes a 'help yourself' buffet style breakfast, with bread & butter / toast plus tea & coffee.

The AFVBC are groups of all arms, serving & veterans of His/Her Majesties Armed Forces & His/Her Allies, who meet regularly to break bread together in a safe, social & informal environment to allow them to 'Return to the Tribe'.

The club provides you with friendship and support from likeminded people. Let someone know if you're in need, reach out, we're all here for you!

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