

Home advice for patients who have undergone a Flexible Cystoscopy



James Paget
University Hospitals
NHS Foundation Trust

Author: Jasmine Bedford, Sister, Day Care Unit

Following your minor procedure:

- It is advisable to increase your usual fluid intake for at least the first 24 hours.
- You may pass blood in the urine for the first few days.
- You may experience some discomfort/ mild burning on passing urine, but this should gradually improve after a day or two.
- If you are still experiencing discomfort passing urine, increased frequency, a temperature, persistent bleeding, or generally feeling unwell after three days, please consult your GP.

Information for patients having Botulinum toxin (Botox) treatment only:

- Please continue your antibiotics as prescribed for five days. If you feel unwell after this time, please contact your GP.
- Please contact the Incontinence nurse advisor on 01493 453911 if you are experiencing any issues (answerphone available).

The Urology Suite is open Monday, Tuesday, Wednesday and Friday from 08:00 to 18:00. Should you have any concerns following your procedure please do not hesitate to contact us on 01493 452029 or 01493 457223.

Out of these hours please contact NHS Direct on 111 or if you feel it is an emergency attend your local A&E department.

Feedback

We want your visit to be as comfortable as possible. Please talk to the person in charge if you have any concerns. If the ward/ department staff are unable to resolve your concern, please ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care. **Before you leave the hospital you will be asked to complete a Friends and Family Test feedback card.** Providing your feedback is vital in helping to transform NHS services and to support patient choice.

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our patients... each other... ourselves

BEHAVIOURS:


Courtesy and respect

Attentively kind and helpful

Responsive communication

Effective and professional

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 The hospital can arrange for an interpreter or person to sign to assist you in communicating effectively with staff during your stay. Please let us know.

For a large print version of this leaflet, contact PALS 01493 453240