

Background

As part of your ongoing routine care for your liver condition, you are asked to attend the hospital regularly for blood test, scans and clinical review with your Nurse or Consultant. We are aware this can account for numerous visits in one year.

We are undertaking a One Stop Clinic where you will be able to undertake the below in one visit,

1. Blood test, (Pathology outpatients)
2. Ultrasound +/- Fibroscan (Ultrasound department)
3. Clinical review (Pathology outpatients)

This will hopefully reduce the burden of coming to the hospital numerous times for your liver care.

There may be instances where we do require you to have extra blood tests and scans or more regular consultations with your clinician, but this will be discussed with you if this is required.

What do I need to do?

You will be asked to attend two departments on the day of your appointment. Please allow approximately 90 minutes for your appointment in total.

Please attend Pathology Outpatients reception at the time given in your letter.

You will be given blood forms to have your bloods taken when you arrive.

Once you have had your blood taken, please go to the Ultrasound Department for your scan/s.

After your scan/s, please come back to Pathology Outpatients to be seen by your Nurse or Doctor for general review.

If you are unable to make your appointment then please call the bookings team on 01493 453275.

When do I need to have my bloods done?

We do ask that you have your bloods taken on the day and when you arrive in the department. This is after you have checked in for your appointment and before you go to your scans. This will give the lab time to process these so we should hopefully have some of results when we see you. This will help us when making decisions about your ongoing care.

What scan will I have?

You will have an ultrasound scan, and depending on your underlying liver condition you may also undergo a fibroscan. The results will be available to discuss at your clinic review when you return to the Pathology Outpatients.

Preparation

We ask that you DO NOT have anything to eat and only drink clear still water for three hours before your appointment time in preparation for your scan/s.

It's a good idea to wear something that makes it easy to take off or pull up your top, like a t-shirt with trousers or a skirt.

Ultrasound

The ultrasound scan takes about 15 to 30 minutes, using a camera probe and water based gel the sonographer will image your liver and its connecting structures and it doesn't hurt. The scan will be of your liver only.

Fibroscan

This is a non-invasive liver scan which will help us to understand your liver condition and the level of stiffening or fibrosis in your liver.

Not everyone will need a Fibroscan. As you have been diagnosed with a liver condition you are likely to have had this scan before and will not require a further scan.

You would be welcome to bring a snack and drink to have after your scan(s) if you wish to.

Clinical Review

After your bloods and scan(s), you will come back to see your nurse/clinician for general review in Pathology Outpatients. Your results of the scan(s) will be available to discuss during this review as well as your general health relating to the liver.

Contact and feedback

We welcome any feedback regarding this service or your care, this will aid ongoing ideas for improvement of the service. Please use the QR code below or alternatively please speak to your Nurse or Doctor with any suggestions or call the Liver Nurses on 01493 453275.

Patient Satisfaction Survey

One stop Liver Clinic



One Stop Clinic



Key	
	Patient/Visitor drop-off
	Disabled Parking
	EV Charging Points

Your Feedback

We want your visit to be as comfortable as possible - talk to the person in charge if you have any concerns. If the ward/department staff are unable to resolve it, then ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care.

Before leaving please complete a Friends and Family Test feedback card.

Help us transform NHS services and to support patient choice.

OUR VALUES

Collaboration

We work positively with others to achieve shared aims

Accountability

We act with professionalism and integrity, delivering what we commit to, embedding learning when things do not go to plan

Respect

We are anti-discriminatory, treating people fairly and creating a sense of belonging and pride

Empowerment

We speak out when things don't feel right, we are innovative and make changes to support continuous improvement

Support

We are compassionate, listen attentively and are kind to ourselves and each other



The hospital can arrange for an interpreter or person to sign to assist you in communicating effectively with staff during your stay. Please let us know.

For a large print version of this leaflet, contact PALS
01493 453240