

Contraception and Sugammadex



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During your operation we may need to give muscle relaxing drugs to provide the best operating conditions. Before you wake up we give you 'reversal' medicine to reverse this effect, and this allows your muscles to return to full strength. Today you were given this 'reversal' medicine, called Sugammadex.

Sugammadex can interact with **hormonal contraceptive medications** and temporarily make them less effective, this could result in an unplanned pregnancy.

If you take any oral contraceptive pill, this includes:

- the combined pill (e.g. Rigevidon®, Levest®, Gedarel®, Microgynon®)
- progesterone only pill also known as the mini-pill (e.g. Hana®, desogestrel)

You should follow the instructions on the pill packet for a missed pill, even if you took your pill as usual today.

If you use other hormonal contraception, this includes:

- contraceptive implant e.g. Implanon
- hormonal intra-uterine system e.g. Mirena, Kyleena
- contraceptive injection Depo provera
- contraceptive patches
- vaginal ring

You should use a barrier method e.g. condoms for seven days after having Sugammadex.

This interaction is not known to happen with any other drugs you received as part of your anaesthetic. If you require further contraceptive advice contact your GP or local sexual health clinic.

If you have any questions please talk to the anaesthetic or nursing team looking after you.

Your Feedback

We want your visit to be as comfortable as possible - talk to the person in charge if you have any concerns. If the ward/department staff are unable to resolve it, then ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care.

Before leaving please complete a Friends and Family Test feedback card.

Help us transform NHS services and to support patient choice.

OUR VALUES

Collaboration

We work positively with others to achieve shared aims

Accountability

We act with professionalism and integrity, delivering what we commit to, embedding learning when things do not go to plan

Respect

We are anti-discriminatory, treating people fairly and creating a sense of belonging and pride

Empowerment

We speak out when things don't feel right, we are innovative and make changes to support continuous improvement

Support

We are compassionate, listen attentively and are kind to ourselves and each other



The hospital can arrange for an interpreter or person to sign to assist you in communicating effectively with staff during your stay. Please let us know.

For a large print version of this leaflet, contact PALS
01493 453240