

This booklet gives you information about planning to go home from the hospital



Please ask your nurse to help you fill this in:

Your name.....

Your ward.....

The date you will go home.....



**James Paget University Hospital
provides care for everyone that is ill
and needs care from hospital doctors
and nurses.**

**Your doctor will talk to you about why
you are in hospital, and when you are
ready to go home they will tell you
and your family or carers**



Some people that will help you to go home

Discharge Team

A team of nurses that can help you plan to go home.



Name.....



Telephone switchboard on
01493 452452 and ask for
the discharge team

Social Worker

Your social worker will talk to you and your family of friends about the care you may need and help with money.



Name.....



Telephone switchboard on
01493 452452 and ask for
the social services
department

Your ward nurse

Your nurse will talk to you and your family about your care and treatment. She will answer your questions too, and explain any medication you need.



Name.....

Community/District nurse



If you need any dressings for a wound your nurse will give these to you before you leave. She may arrange for a nurse to visit you at home if you need this. This nurse is called a Community/District nurse and can be contacted via your GP.

Rehabilitation team



These are people that will try to help you move about, or get you some equipment to help you at home if you need it. They may visit your home to make sure everything is in place for you. Ask your nurse if you wish to speak to someone.

Your pharmacist



If you need medicine to take home the doctor will arrange this before you leave, and the pharmacist can explain the medicines to you.

Transport Home



If you need us to help you get home we can call you a taxi or phone a friend to collect you. If you cannot get into a car we can arrange patient transport for you.

The ambulance drivers are able to help you into the ambulance and out at the other side.

Letter to your doctor/GP



We will send a letter to your own doctor to let them know why you have been in hospital. This will help your doctor to look after you now you are at home. If you need more medicine whilst you are at home, you should tell your own doctor at the surgery.

Who to contact if you are worried about your care now you are home



Your doctor / GP at the surgery is the person to contact now you are at home. They will have received a letter from the hospital about why you have been in hospital. This will help your doctor look after you now you are at home.

Tell us what you think

Tell us if you were happy  or unhappy  with your stay in hospital by completing the Patient Feedback Card as you leave.



The hospital is able to arrange for an interpreter to assist you in communicating effectively with staff during your stay through INTRAN. If you need an interpreter or a person to sign, please let us know.

If you require a large print version of this booklet, please contact PALS on
01493 453240