

Efudix: Patient Treatment Guide

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What is efudix?

Efudix is a cream used to treat certain cancerous or pre-cancerous skin lesions. This treatment was recommended for you after consultation with your healthcare professional following both assessment of your skin and having considered other treatment options.

What does the treatment involve?

To treat the cancerous or pre-cancerous lesions efudix 5% cream is applied once or twice daily (in the morning and before going to bed) for 3-4 weeks or as directed by the healthcare professional. Use a cotton bud to apply the cream.

Treatment response?

Treatment with efudix will cause the skin to become red, inflamed, ooze and crust and may cause some discomfort.

Once the efudix regime is completed the skin will gradually improve and the redness and inflammation will settle.

Do's and don'ts of the efudix regime:

DO wash your hands thoroughly after applying efudix cream to minimise the risk of eye contamination.

DO continue the treatment as advised by the healthcare professional for the duration suggested.

DO be aware that sunlight may increase the effects of efudix.

DO contact your GP if you are worried about the effects of the treatment despite following all of these instructions.

DON'T get efudix onto unaffected skin.

DON'T use cosmetics on the skin to which efudix is being applied.

DON'T share your creams with family or friends.

Please note efudix may not be fully effective in some patients.

Following your treatment please take extra care in the sun and use high factor protection.

Any review of treatment will be discussed with you in clinic.

If you have any further questions please telephone the dermatology department on any of the numbers below:

01493 453545 or 01493 453602 or 01493 453601 during the hours of 08:30 and 17:15 Monday to Friday.

Feedback

We want your visit to be as comfortable as possible. Please talk to the person in charge if you have any concerns. If the ward/department staff are unable to resolve your concern, please ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care. **Before you leave the hospital you will be asked to complete a Friends and Family Test feedback card.** Providing your feedback is vital in helping to transform NHS services and to support patient choice.

Trust Values

- Courtesy and respect
- A welcoming and positive attitude
- Polite, friendly and interested in people
- Value and respect people as individuals
So people feel **welcome**
- Attentively kind and helpful
- Look out for dignity, privacy & humanity
- Attentive, responsive & take time to help
- Visible presence of staff to provide care
So people feel **cared for**

- Responsive communication
- Listen to people & answer their questions
- Keep people clearly informed
- Involve people
So people feel **in control**
- Effective and professional
- Safe, knowledgeable and reassuring
- Effective care / services from joined up teams
- Organised and timely, looking to improve
So people feel **safe**



The hospital can arrange for an interpreter or person to sign to assist you in communicating effectively with staff during your stay. Please let us know.

For a large print version of this leaflet, contact PALS 01493 453240