

Plastic and Reconstructive Minor Surgery Patient

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Important Do's and Don'ts

- Do plan to arrive 10 minutes ahead of your appointment time
- Do ask the team about anything that is not clear to you
- Do tell the team about any allergies or blood thinning medication
- Do not plan to drive home after your operation. It is also better not to use public transport as you may feel unsteady
- Do not wear makeup or jewellery in the area being operated (for hand surgery, please remove all rings from that hand).

Local Anaesthetic

- Injections are used to numb the areas for the operation and you will be awake
- If you ever had a reaction to an injection of local anaesthetic it is important to tell the team.

Surgery

- Operations usually take between 30 and 90 minutes
- These options will be considered to heal things up after skin removal:
 - Stitches
 - Skin grafts, skin that is transferred from somewhere else on your body
 - Local flaps, skin moved nearby
 - Dressings only, some wounds will heal better without stitches

After the operation

- You will be given instructions about when and where to go to remove your stitches. This will be with your practice nurse or here in CTS
- Please keep the area clean and dry
- It is wise to rest for the remainder of the day and in some cases for two to three days
- Once the local anaesthetic wears off you may well feel a little sore. Take a painkiller like paracetamol as soon as you feel any discomfort.

Labatory Results

- Your results should be ready three to four weeks following surgery
- In some cases it is recommended to remove more tissue in a further operation
- You will have a chance to discuss your results in clinic if necessary.

If you have any further questions please phone the Plastic Surgery secretary on the number below:

01493 452155

Feedback

We want your visit to be as comfortable as possible. Please talk to the person in charge if you have any concerns. If the ward/department staff are unable to resolve your concern, please ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care. **Before you leave the hospital you will be asked to complete a Friends and Family Test feedback card.** Providing your feedback is vital in helping to transform NHS services and to support patient choice.

TRUST VALUES: We CARE for...
our patients... each other... ourselves

BEHAVIOURS:

Courtesy and respect

Attentively kind and helpful

Responsive communication

Effective and professional

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of the
Paget**



The hospital can arrange for an interpreter or person to sign to assist you in communicating effectively with staff during your stay. Please let us know.

For a large print version of this leaflet, contact
PALS 01493 453240