

- Are you expecting a single baby?
- Less than 16 weeks pregnant?
 - Do not have anaemia?



If yes, you might be able to take part in
our research study.

What is our research about?

PANDA is a research programme that aims to prevent anaemia in pregnancy to avoid health problems for women and their infants using iron supplements. In this study, we want to compare daily iron dosing versus a placebo on outcomes of both the parent and baby.



Low birth
weight



Headaches



Dizziness

What do you need to do?

- Attend two antenatal hospital visits which are part of your routine care.
- Take iron or placebo tablets from around 12-16 weeks to +6 weeks after delivery.
- Complete some short questionnaires throughout the study.

Still interested? Please get in touch!

PI: Dr Niruthan Thirunavukkarasu email: Niruthan.Thirunavukkarasu@jpaget.nhs.uk

Research midwife: Tori Brown 01493 453856 or

Email : Victoria.Brown3@jpaget.nhs.uk

