

# Home advice for patients who have undergone Template biopsies of the prostate (Ward)

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James Paget  
University Hospitals  
NHS Foundation Trust

## Following your minor operation:

- You may experience blood in your urine for up to ten days post operation, often with the occasional blood clot. It is important that you drink plenty of fluids to prevent blood clots forming causing an inability to pass urine.
- Blood in your semen can be visible for up to six weeks. This poses no risk to you or your sexual partner.
- There may be some bruising and discomfort around the biopsy site. This can cause temporary issues with erections due to the bruising.
- You will be asked to pass urine before discharge home. However, if later at home you find passing urine an issue and become uncomfortable, or the ability to pass urine stops all together you will have to attend A&E immediately.
- If the bleeding in your urine does not stop after ten days you should contact your GP. If they are unable to assist with your queries then contact the day care unit or urology specialist nurses for advice.
- Please ensure you are able to do an emergency stop safely before you attempt to drive.

## For 24 hours following your general or local anaesthetic:

- Do not drive a car, ride a bicycle or operate machinery
- Do not lock the bathroom or toilet door
- Do not make important decisions or sign legal documents
- Do not drink alcohol
- If there are any issues after you return home, please contact your GP
- It is important following surgery to remain as mobile as possible

**The Day Care Unit is open Monday to Friday from 07:00 to 22:00, if you have any concerns following your discharge home please do not hesitate to contact us on 01493 452029 or 01493 453006.**

**Out of these hours please contact 111 or if you feel it is an emergency attend your local A&E department.**

## Feedback


We want your visit to be as comfortable as possible. Please talk to the person in charge if you have any concerns. If the ward/department staff are unable to resolve your concern, please ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care. **Before you leave the hospital you will be asked to complete a Friends and Family Test feedback card.** Providing your feedback is vital in helping to transform NHS services and to support patient choice.

**TRUST VALUES: We CARE for...**  
*our patients... each other... ourselves*

**BEHAVIOURS:**

- Courtesy and respect
- Attentively kind and helpful
- Responsive communication
- Effective and professional

**#Proud of the Paget**

 **IN TRAN**  
communication for all

The hospital can arrange for an interpreter or person to sign to assist you in communicating effectively with staff during your stay. Please let us know.

**For a large print version of this leaflet, contact PALS 01493 453240**