

Patient Information

Flexible Sigmoidoscopy Aftercare



James Paget
University Hospitals
NHS Foundation Trust

Following your Flexible Sigmoidoscopy:

- You may eat and drink as normal
- Take your medication as normal
- Report to your GP or A/E if you develop persistent or worsening abdominal pain.
- Advice can be obtained from the endoscopy unit on – 01493 452370 Monday to Friday 08.00 to 18.00
- In an emergency outside of these hours contact the A/E department on 01493 452559

Medications you were given during your procedure:

- You have had Entonox® Yes [] No []
- You have had sedation Yes [] No []

If you have had sedation:

- Go home and rest for today
- Do have someone at home with you overnight
- Do not drive your car or operate any machinery for 24 hours
- Do not sign any legal documentation for 24 hours
- Do not drink alcohol for 24 hours

For your information:

Copy of Endoscopy Report received: Yes [] No []

Patient Information Leaflet for condition:[]

Medication advice:

Restart date for Antiplatelets / Anticoagulants:

Follow Up:

Return to GP []

Clinic appointment []

Further test (e.g. x ray, endoscopy) :[]

Other (e.g. refer dietician):[]

Histology (samples) taken: Yes [] No []

Results will be available from:

GP [] Consultant [] name:.....

Results should be available after four to six weeks. If you have not heard from your consultant after two months, please contact the consultant’s secretary.

Any other questions raised

Feedback

We want your visit to be as comfortable as possible. Please talk to the person in charge if you have any concerns. If the ward/ department staff are unable to resolve your concern, please ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care. **Before you leave the hospital you will be asked to complete a Friends and Family Test feedback card.** Providing your feedback is vital in helping to transform NHS services and to support patient choice.

TRUST VALUES: We CARE for...
our patients... each other... ourselves

BEHAVIOURS:

- Courtesy and respect
- Attentively kind and helpful
- Responsive communication
- Effective and professional

#Proud of the Paget

IN TRAN communication for all

The hospital can arrange for an interpreter or person to sign to assist you in communicating effectively with staff during your stay. Please let us know.

For a large print version of this leaflet, contact PALS 01493 453240