

Instructions To Follow for During your Colon Capsule PillCam Procedure

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When you receive an alert on the recorder, please follow the instructions below:
It will beep to alert you and be visible on the screen.

Alert 0

If you receive this alert, take one Metoclopramide 10mg tablet with a glass of water if you have not already taken it at your appointment.

If you have already taken the Metoclopramide and Alert 0 comes up, please just ignore it. Do not eat or drink anything else until your next alert. Remain active.

Alert 1

When you receive this alert dilute 30 ml Fleet Phospho-Soda oral solution and 50 ml Gastrografin in a glass of water.

After drinking the solution continue to drink at least 1 litre of water over the next hour. You can now resume drinking clear fluids freely for the rest of your procedure.

Alert 2

If you receive this alert you need to take a second smaller dose of booster liquid.

Dilute 15 ml Fleet Phospho-Soda oral solution and 50 ml of Gastrografin in a glass of water. Continue to drink about 500 ml of water over the next hour to stay hydrated.

Alert 3

If you receive this alert insert 10 mg Bisacodyl Suppository into your rectum.

Alert 4

You may now eat a small meal and wait for the end of procedure alert.

End of Procedure Alert

Please sit down to avoid dropping anything on the floor and remove the kit.

Place all kit in the carrier bag and return to the Central Treatment Suite (CTS) the next day, ideally before 11.00.

When you have passed the capsule in the toilet, it can be flushed away. It does not need to be retrieved.

It is vital you remain active throughout your procedure, do not lie down or go to sleep.

You may not receive all of the Alerts, this is ok.

You cannot pause the recorder by accidentally pressing the buttons.

You can return the leftover medication in the bag or dispose of it at your convenience.

After ingesting the PillCam™ COLON capsule, and until the capsule is excreted, you should not be near any source of powerful electromagnetic fields, such as one created near an MRI device.

If you develop any problems at home, please call the James Paget University Hospital switch board on 01493 452452 and ask for the Surgical Registrar on call regarding the Colon Capsule.

Feedback

We want your visit to be as comfortable as possible. Please talk to the person in charge if you have any concerns. If the ward/department staff are unable to resolve your concern, please ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care. **Before you leave the hospital you will be asked to complete a Friends and Family Test feedback card.** Providing your feedback is vital in helping to transform NHS services and to support patient choice.

TRUST VALUES: We CARE for...
our patients... each other... ourselves

BEHAVIOURS:
Courtesy and respect
Attentively kind and helpful
Responsive communication
Effective and professional

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 The hospital can arrange for an interpreter or person to sign to assist you in communicating effectively with staff during your stay. Please let us know.
For a large print version of this leaflet, contact PALS 01493 453240