

### James Paget University Hospital Breast Screening Service

Breast Imaging Department Lowestoft Road, Gorleston, Norfolk NR31 6LA Telephone: 01493 452885 Acknowledgements: easy on the i for the use of the image bank All images copyright Leeds and York Partnership NHS Foundation Trust www.easyonthei-leeds.nhs.uk

Macmillan Cancer Support for permission to use the mammogram image

## James Paget University Hospitals NHS Foundation Trust

#### Feedback

We want your visit to be as comfortable as possible. Please talk to the person in charge if you have any concerns. If the ward/ department staff are unable to resolve your concern, please ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care. **Before you leave the hospital you will be asked to complete a Friends and Family Test feedback card**. Providing your feedback is vital in helping to transform NHS services and to support patient choice.



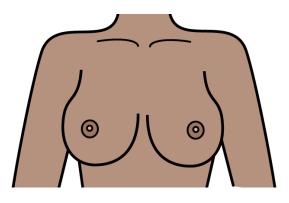
The hospital can arrange for an interpreter or person to sign to assist you in communication for all in communicating effectively with staff during your stay. Please let us know.

For a large print version of this leaflet, contact PALS 01493 453240

> Author: Debbie Love, STP Project Manager

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# Going for a Mammogram (breast x-ray)



## **Patient information**



Between the ages of 50 to 53 you will receive a letter asking you to arrange an appointment for a mammogram as part of the NHS breast screening programme.

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Once your appointment has been arranged you will get a letter through the post.



Your mammogram is done at a building especially for breast screening. This might be at the local hospital or on a mobile unit near to where you live.

# breast care

It will check that your breasts are healthy.



If you need an interpreter please let us know as we can arrange this for when you come for your mammogram.



You will be asked to remove all upper clothing including your bra.



Your mammogram will be taken by a woman. It checks for any small changes in your breast that might show cancer.



If you want to stop at any time tell the mammographer.



You can go home after the mammogram. The results will be sent to you in the post.